



# Earthquake Preparedness Checklist

Once an earthquake strikes, it's too late to make emergency preparations. Use this checklist as a starting point to ensuring you and your family are ready when the time comes.

## Before an Earthquake

Take protective measures to reduce the risk of personal injury and property damage before an earthquake strikes.

- Know the earthquake risk in your area
- Properly secure pictures, mirrors, shelves, and light fixtures
- Properly secure televisions, computers, and stereo equipment
- Fasten tall, heavy furniture to wall studs and ensure these items aren't in a location where they could fall over and block a crucial exit
- Secure heavy, breakable items
- Store hazardous materials in a secure place
- Properly secure kitchen, laundry appliances and water heater

## Financial/Important Family Documents

Keep copies of records in a waterproof, portable container (or place in a secure location such as a safety deposit box).

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Social Security Cards                  | <input type="checkbox"/> Will, Insurance Policies, Contracts and Deeds | <input type="checkbox"/> Bank and Credit Numbers, Statements                                     |
| <input type="checkbox"/> Driver's Licenses and Passports        | <input type="checkbox"/> Current Photos of Family                      | <input type="checkbox"/> Inventory of Valuable Household Goods (Include Appraisals and/or Video) |
| <input type="checkbox"/> Birth, Marriage and Death Certificates | <input type="checkbox"/> Emergency Contact List                        |  |
|   | <input type="checkbox"/> Immunization Records                          |  |

## Water and Food Supplies

Keep at least 3-7 days worth of food and water on hand.

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|---|--|---|
| <input type="checkbox"/> 1 Gallon of Water per Person/Day | <input type="checkbox"/> High-energy Snacks, Canned Meats, Fruits and Vegetables | <input type="checkbox"/> Paper Plates, and Utensils |
| <input type="checkbox"/> Canned Juices and Powdered Milk  | <input type="checkbox"/> Food for Infants and Individuals with Special Needs     | <input type="checkbox"/> Non-Electric Cooking Tools |

## Tools and Supplies

Check regularly to ensure that items followed by (\*) are functioning properly and are easily accessible.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Map of Area for Locating Shelters | <input type="checkbox"/> All-purpose Knife                               | <input type="checkbox"/> Candles and Flashlight      |
| <input type="checkbox"/> Battery-operated Radio*           | <input type="checkbox"/> Set of Tools and Signal Flare*                  | <input type="checkbox"/> Waterproof Container        |
| <input type="checkbox"/> Flashlight and Batteries*         | <input type="checkbox"/> Plastic Sheeting and Plastic Storage Containers | <input type="checkbox"/> Soap, Liquid Hand Sanitizer |
| <input type="checkbox"/> Paper and Pencil                  | <input type="checkbox"/> Tape (Duct and Masking)                         | <input type="checkbox"/> Needle and Thread           |
| <input type="checkbox"/> Fire Extinguisher*                |  | <input type="checkbox"/> Garbage Bags                |

## Clothing, Bedding and Personal Items

Keep these items in a waterproof container or bag.

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Change of Clothes and Sturdy Shoes or Work Boots | <input type="checkbox"/> Prescription Glasses or Contact Lenses and Sunglasses | <input type="checkbox"/> Personal Hygiene Products          |
| <input type="checkbox"/> Hats, Gloves and Rain Gear                       | <input type="checkbox"/> Towels, Toilet Paper                                  | <input type="checkbox"/> Infant Supplies (Diapers, Bottles) |
| <input type="checkbox"/> Blankets, Pillows and                            |  |   |

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### First Aid Kit

Assemble a first aid kit for your home and your car. Keep a 3-7 day supply of vital medications

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|--|---|--|
| <input type="checkbox"/> Prescription Drugs and Pain Relievers | <input type="checkbox"/> Antiseptic and Sterile Needles           | <input type="checkbox"/> Safety Pins (all) |
| <input type="checkbox"/> Antacid                               | <input type="checkbox"/> Sterile Adhesive Bandages and Gauze Pads | <input type="checkbox"/> Scissors and T    |
| <input type="checkbox"/> Sunscreen and Insect Repellent        | <input type="checkbox"/> Adhesive Tape                            | <input type="checkbox"/> Thermometer       |
|  |   | <input type="checkbox"/> First Aid Manu    |

### Other Recommendations for Earthquake Preparedness

- Designate an out-of-area emergency point person for friends and family to contact.
- Select an emergency meeting place in case your family is separated.
- Keep your vehicle fuel tanks filled, and know your community's evacuation routes.
- Learn about emergency plans for your children's school or day care.
- Keep cash on hand (banks and ATMs may not be open or available for extended periods).

**Set up an emergency and disaster relief savings account and a Home Equity Line of Credit with Washington Mutual.**

For more information on how to protect your family and home in the event of an emergency, log on to [www.fema.gov](http://www.fema.gov).

Source: Federal Emergency Management Agency.



Los Gatos Home Loan  
575 N Santa Cruz Ave  
Los Gatos, Ca 95032  
(408) 399-4266

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